Today’s Goals

Reviewing The PROCESS
• Understanding it
• Committing to it
• ......Completing it

Review RESOURCES
• Guidance towards choosing a Specialty
FUTURE topics
Making the Transition to Residency
ERAS and Application Specifics
I’m still confused...

• Are you truly undecided?
• How confident are you in decision-making?
• What can you eliminate?
• What areas are you most interested in?
• Review your *Careers in Medicine* profiles
The PROCESS
VISIT CAREERS IN MEDICINE FOR MORE ON:

- CHOOSING YOUR SPECIALTY
- LANDING A RESIDENCY
- PLANNING YOUR PHYSICIAN CAREER

WWW.AAMC.ORG/CIM

Video by Epipheo

https://www.youtube.com/watch?v=9FMnWtinx1E&feature=youtu.be
Approaching the Match: BE REALISTIC!

• When considering a specialty, consider:
  • The competitiveness of the specialty,
  • The program, and
  • Your application
5 Steps For Success
5 STEPS for SUCCESS

• Grades and Records
• Extracurricular Activities
• Presenting yourself
• OTHERS presenting YOU
• The FINAL SPRINT
Step 1: Grades & Records

• Review your grades and evals – EVALUЕ
• Must be aware of what others have said about you
• Discuss specifics about your competitiveness with your Advising Dean AND Faculty in specialty
• Consider the specialty you’ve chosen
• Review Match Data: CiM, NRMP
Grades & Records: USMLE Step 2CK

- Check to see what the requirements are for each program you apply to.
- School requirements:
  - Must take USMLE Step II CS and CK by December 31, 2019

Take the exams early
Step 2: Extracurricular Activities

• Looking for well-rounded applicants
• Describe your activities in your CV
• If you are “lacking:” NOT TOO LATE
• P Statement can describe qualities you learned through participation
• Involvement connects you to faculty
• Research; Case reports – seek out faculty in your specialty; ask your Advising Dean for contact
WHY THINK ABOUT YOUR CV?

• You will share your CV with potential LETTER WRITERS

• Format in CV will help you FORMAT ERAS more easily

• NOTICE areas of “absence” and work on them now

• AVOID “Blank content” in ERAS later

• REVIEW SAMPLES on OPDCG website
Step 3: Presenting Yourself

• Your Photograph
• Personal Statement
• Externships
• Interviews
Externship

• An opportunity to showcase yourself
• An opportunity to experience other places and programs
• Unique educational experience
• Get to know people elsewhere
VSLO (formerly known as VSAS)

- Visiting Student Learning Opportunities
- Includes Int’l electives sponsored by LCME-accredited US Schools (Global Health Learning Opportunities/GHLO)
- Access to VSLO provided early January (tentative)
  - Earlier access on a case-by-case basis
- VSLO Primary Contact – Lindsay Buddle / Linda Hung RMC
- MANY Documents to be uploaded (next slide)
- Lindsay / Linda then verifies & releases application
Externships Services

Externship Overview

UMSM allows students to receive credit for Outgoing Externships Opportunities using the AAMC’s Visiting Student Learning Opportunities (VSAS) software. Students may also receive credit for Outgoing Externship Opportunities outside of VSAS, but these opportunities are subject to additional requirements.

To participate for Outgoing Externship Opportunities students must:

1. Be in good academic and professional standing
2. Have an active student status and show enrollment
3. Successfully complete their 3rd year core clerkships
4. Successfully remediate any outstanding course requirements prior to the externship (e.g., shelf remediation, remediation of clinical time, etc.)

There are a couple of options that are available to UMSM students:

Domestic Externships

Guide: Visiting Student Learning Opportunities
Checklist: Visiting Student Learning Opportunities (VSAS) – Domestic
Checklist: NON – Visiting Student Learning Opportunities – Domestic

International Externships

Guide: Visiting Student Learning Opportunities (VSAS)
Checklist: Visiting Student Learning Opportunities (VSAS) – International
Checklist: NON – Visiting Student Learning Opportunities – International
International Travel Packet

Applying for Externships

For in-depth step-by-step instructions: Applying for Externships 2018-19

http://mededu.med.miami.edu/contact-us/student-affairs/externships-services
WE have streamlined the Process!

http://ren.mededu.miami.edu/MD_Curriculum/Misc/OSA/11._Checklist_Visiting_Student_Learning_Opportunities_VSAS_-_Domestic.pdf

CURRENTLY BEING UPDATED.....
Getting Documents Ready

• STUDENT AFFAIRS TEAM will send out DETAILED information

• GUIDES to applying are ONLINE and being updated on MedEdu website

• For VSLO/VSAS and NON-VSAS Direct APPLICATIONS:
  • FOLLOW ALL INSTRUCTIONS and TIMELINES for applications

• If planning an externship you can start early with:
  • IMMUNIZATION UPDATES/TITERS; most common requirements MMR, Varicella and Hep B
  • MASK FITTING (many have completed already)
  • LOCATE your BLS CARD
  • UPDATE your CV
  • WAIT To see if programs require Background Checks/Drug Testing details in GUIDE more recent
Externships:
UMMSM Credit Requirements

Failure to comply with policies will result in no credit for the rotation!!
Step 4: How others present YOU

- Letters of Recommendation
- Medical Student Performance Evaluation (MSPE) aka “Dean’s Letter”
Letters of Recommendation

- BEST: Docs you have worked with CLINICALLY
- Level of involvement in clinical care more important than length of time
- University faculty preferred
- No personal letters from family friends
- Ask now!
- ASK while on Externships
MSPE

PERFORMANCE evaluation, NOT a letter of recommendation

Includes:

• Summary of PreClinical and Clinical Grades, academic strengths and any difficulties
• Noteworthy Characteristics from your CV
  • YOU WILL CHOOSE THESE
MSPE Summary

• Discuss specifics with your Advising Dean
• Want to highlight your strengths
• Need to be aware of your weaknesses: use MOCK INTERVIEW to prepare to discuss any difficulty
• Overall descriptor based on performance not personal opinions
• You will read your MSPE
Step 5: The Final Sprint

• Putting it all together
• Applying
• Interviewing
• Ranking
HOW THE APPLICATION PROCESS WORKS

more details in May.....
Residency Positions

Categorical - programs that begin in the PGY-1 year and provide the training required for board certification in medical specialties.

Preliminary - one-year programs beginning in the PGY-1 year that provide prerequisite training for advanced programs.

Advanced - programs that begin in the PGY-2 year after one year of prerequisite training.
The “Match”

• Process by which students apply for and are “matched” to residency training programs.

• There are several kinds of “Match”
Organizations

• **National Residency Match Program (NRMP)**
  ◦ A private, not-for-profit corp. established in 1952 to provide a uniform process for applicants seeking residency positions
    
      [http://www.nrmp.org](http://www.nrmp.org/)

• **Electronic Residency Application Service (ERAS)**
  ◦ a service that transmits residency applications, letters of recommendation, MSPEs, transcripts, and other supporting credentials to residency program directors using the Internet.
    
      [https://www.aamc.org/students/medstudents/eras](https://www.aamc.org/students/medstudents/eras/)

• San Francisco Match

• American Urological Association

• U.S. Armed Services
<table>
<thead>
<tr>
<th>Residency Programs</th>
<th>“Main” Match</th>
<th>Early Match Programs</th>
<th>Military</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Ophtho</td>
<td>GU</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Army</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Navy</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• AF</td>
</tr>
<tr>
<td>Application Service*</td>
<td>ERAS</td>
<td>CAS</td>
<td>ERAS</td>
</tr>
<tr>
<td>Match</td>
<td>NRMP</td>
<td>SF Match</td>
<td>AUA</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>JSGMESB</td>
</tr>
</tbody>
</table>

* Check with individual programs!
Main Match

Main Match: Sponsored by the NRMP. The main match offers PGY-1 and PGY-2 level residency training positions in most specialties.

Couples Match: Part of the Main Match. Couples can link their program choices together so that they can be matched into a combination of programs suited to their needs.
The Couples Match

• Identify yourself ASAP so we can plan orientation meetings.
• Let programs know if you intend to participate in the Couples Match.
• Let programs know early if you have other special issues!!!
IMPORTANT

Participants in the Early Match should also register for the Main Match.

• Some early match specialties require a PGY-1 preliminary year
• Main Match can serve as an effective backup strategy
Timelines and Deadlines
Timeline

January – April 2019

• Thinking about specialty choice
• Determine what type of Match is involved
• Externships: investigate & request applications
• Request Letters of Recommendation; use the ERAS 2020 Token (sent by ERAS or check in with Registrar Marta Bergez)
Timeline

January – April 2019

• Utilize Resources:
  • Careers in Medicine  www.aamc.org/cim
  • Strolling through the Match
  • Roadmap to Residency
  • FREIDA, ERAS, NRMP, USMLE
  • Office of Professional Development and Career Guidance
•  http://www.mededu.miami.edu/MedEd/opdcg
Timeline

January – April 2019

• Meet with Advising Dean
• Senior Schedules
• Line up research projects for the senior year
• Start planning/applying for externships
  • AAMC Extramural Electives Compendium
  • Visiting Student Application Service (VSLO/VSAS)
Timeline

February – April 2019

• Residency Program Directors Meeting Week of Feb 18
• Career Advising Dinner: March 20
• Connect with Specialty Faculty Mentors
• CV & Personal Statements
• Register for USMLE Step 2 CS, CK
Timeline

May - June 2019

• Select specialty
  • Start creating list of programs
  • Determine which Match is involved
• Work on application materials
  • Curriculum vitae
  • Personal statement
• Register for USMLE Step 2 CS, CK
Timeline

May - August 2019

• Meet with Advising Deans
• Cont. to request letters of recommendation
• Cont. to Schedule externships
• Review Junior Clerkship evaluations!
• Register with NRMP, ERAS and/or other matching programs/EARLY match deadlines
• Register for USMLE Step 2 CS, CK
Timeline

September - December 2019

• Complete applications (SEPT 15) and all support materials
• Confirm receipt of letters of recommendation (ideally Oct 1)
• MSPE released to all programs: October 1, 2019
• Schedule and start interviewing
• Complete early match rank order lists
Timeline

January - February 2020
• Submit rank order list to NRMP (Main Match)
• Finish interviews
• Early and Military Match results released

March 2020
• Match results released
• SOAP
• Match Day Celebration!
ERAS Application Process
Electronic Residency Application Service (ERAS®)

ERAS® streamlines the residency application process for applicants, their Designated Dean’s Offices, Letter of Recommendation (LoR) authors and program directors. By providing applicants the ability to build and deliver their application and supporting materials individually or as a package to programs, ERAS provides a centralized, but flexible solution to the residency application and documents distribution process.

ERAS for Medical Schools

DWS software support, resources for you and your students, important dates and your timeline, as well as ERAS news and announcements.

ERAS for Residents

https://students-residents.aamc.org/attending-medical-school/how-apply-residency-positions/applying-residencies-eras/
# Important Dates AGAIN

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Now</td>
<td>ERAS 2020 available for limited use</td>
</tr>
<tr>
<td>AUG</td>
<td>CAS Target Date (Ophthalmology)</td>
</tr>
<tr>
<td><strong>Sept 15, 2019</strong></td>
<td>Applicants may begin submitting applications to ACGME accredited programs</td>
</tr>
<tr>
<td></td>
<td>Programs may begin contacting the ERAS Post Office to download application files</td>
</tr>
<tr>
<td><strong>Oct 1, 2019</strong></td>
<td>MSPE’s are released</td>
</tr>
<tr>
<td>Dec 2019</td>
<td>Military Match</td>
</tr>
<tr>
<td>Jan 2020</td>
<td>Urology/Optho Match</td>
</tr>
<tr>
<td>March 2020</td>
<td>NRMP Match results will be available</td>
</tr>
</tbody>
</table>
USE DATA & RESOURCES!
Charting Outcomes in the Match: U.S. Allopathic Seniors

Characteristics of U.S. Allopathic Seniors Who Matched to Their Preferred Specialty in the 2018 Main Residency Match

2nd Edition

<table>
<thead>
<tr>
<th>Measure</th>
<th>Matched (n=1,012)</th>
<th>Unmatched (n=38)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Mean number of contiguous ranks</td>
<td>14.6</td>
<td>5.3</td>
</tr>
<tr>
<td>2. Mean number of distinct specialties ranked</td>
<td>1.3</td>
<td>1.7</td>
</tr>
<tr>
<td>3. Mean USMLE Step 1 score</td>
<td>232</td>
<td>212</td>
</tr>
<tr>
<td>4. Mean USMLE Step 2 score</td>
<td>244</td>
<td>226</td>
</tr>
<tr>
<td>5. Mean number of research experiences</td>
<td>2.9</td>
<td>2.4</td>
</tr>
<tr>
<td>6. Mean number of abstracts, presentations, and publications</td>
<td>4.5</td>
<td>2.6</td>
</tr>
<tr>
<td>7. Mean number of work experiences</td>
<td>3.1</td>
<td>3.1</td>
</tr>
<tr>
<td>8. Mean number of volunteer experiences</td>
<td>6.4</td>
<td>6.9</td>
</tr>
<tr>
<td>9. Percentage who are AOA members</td>
<td>10.5</td>
<td>2.6</td>
</tr>
<tr>
<td>10. Percentage who graduated from one of the 40 U.S. medical schools</td>
<td>30.6</td>
<td>26.3</td>
</tr>
<tr>
<td>with the highest NIH funding</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11. Percentage who have Ph.D. degree</td>
<td>2.5</td>
<td>0.0</td>
</tr>
<tr>
<td>12. Percentage who have another graduate degree</td>
<td>15.0</td>
<td>27.3</td>
</tr>
</tbody>
</table>

Note: Only U.S. allopathic seniors who gave consent to use their information in research are included. Sources: NRMP Data Warehouse; Top 40 U.S. medical schools with the highest NIH funding in measure 10 is from the NIH website (http://report.nih.gov/award/index.cfm).
NRMP is pleased to announce the availability of a new data tool to assist Match applicants in determining their goodness of fit for specialties.

Interactive Charting Outcomes in the Match has been built using data visualization software and draws from the same data sources as the NRMP’s publication Charting Outcomes in the Match. Two versions are available based on examination preference. PDF copies of the 2018 Charting Outcomes in the Match reports can be viewed on the NRMP’s Residency Data and Reports page.

ACCESS INTERACTIVE CHARTING OUTCOMES IN THE MATCH: USMLE STEP 1 EXAM BASELINE

ACCESS INTERACTIVE CHARTING OUTCOMES IN THE MATCH: COMLEX-USA LEVEL 1 EXAM BASELINE

The Interactive Charting Outcomes in the Match tool best viewed on a desktop computer or tablet.

DATA CONSIDERATIONS:

- Only specialties that offered 50 or more positions in the Main Residency Match are included.
- With the exception of applicant type, all applicant characteristics are self-reported. U.S. allopathic and osteopathic medical schools have verified most USMLE Step 1 and Step 2 CK scores and COMLEX-USA Level 1 and Level 2-CE scores for U.S. allopathic and osteopathic seniors and graduates. Other scores, primarily for students and graduates of international medical schools, (IMGs) have not been verified.
- In both versions of the data tool, COMLEX-USA Level 1 and Level 2-CE scores are available only for years 2016-2010. The 2016 scores were provided by the National Board of Osteopathic Medical Examiners.
- Not all applicants provided information or gave the NRMP permission to use their data in research; accordingly, missing data exist in all characteristics.

REMINDEERS

- USE GOOD JUDGMENT. This tool uses data from past Matches and is NOT designed to predict success or failure in the Match.
- Data become less representative and may not be helpful if the criteria are refined too narrowly and the sample size becomes very small.

HOW TO USE THE INTERACTIVE CHARTING OUTCOMES IN THE MATCH:

The tool consists of three components:

- Component 1, the right-hand column, allows applicants to identify a specialty of interest, set the size of the database using a range of Match years, and enter characteristics using a variety of filters. Many of the filters allow for the selection of multiple options, so it is recommended that applicants include all options less than or equal to the intended value. For example, to filter the data based on 7 publications, check “no publications,” “less than 3,” “3-5,” and “5-10.” The “Reset Filters” button can be used at any time to clear the filters.

http://www.nrmp.org/interactive-charting-outcomes-in-the-match/
http://www.nrmp.org/interactive-charting-outcomes-in-the-match/
Results of the 2018 NRMP Program Director Survey

**Figure 1**
Percentage of Programs Citing Each Factor And Mean Importance Rating^1 for Each Factor in Selecting Applicants to Interview (N=1,233)

<table>
<thead>
<tr>
<th>Factor</th>
<th>Percent Citing Factor</th>
<th>Average Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>USMLE Step 1/COMLEX Level 1 score</td>
<td>94%</td>
<td>4.1</td>
</tr>
<tr>
<td>Letters of recommendation in the specialty</td>
<td>86%</td>
<td>4.2</td>
</tr>
<tr>
<td>Medical Student Performance Evaluation (MSPE/Dean's Letter)</td>
<td>81%</td>
<td>4.0</td>
</tr>
<tr>
<td>USMLE Step 2 CK/COMLEX Level 2 CE score</td>
<td>80%</td>
<td>4.0</td>
</tr>
<tr>
<td>Personal Statement</td>
<td>78%</td>
<td>3.7</td>
</tr>
<tr>
<td>Grades in required clerkships</td>
<td>76%</td>
<td>4.1</td>
</tr>
<tr>
<td>Any failed attempt in USMLE/COMLEX</td>
<td>70%</td>
<td>4.5</td>
</tr>
<tr>
<td>Class ranking/quartile</td>
<td>70%</td>
<td>3.9</td>
</tr>
<tr>
<td>Perceived commitment to specialty</td>
<td>69%</td>
<td>4.3</td>
</tr>
<tr>
<td>Personal prior knowledge of the applicant</td>
<td>68%</td>
<td>4.2</td>
</tr>
<tr>
<td>Grades in clerkship in desired specialty</td>
<td>67%</td>
<td>4.3</td>
</tr>
<tr>
<td>Audition elective/rotation within your department</td>
<td>65%</td>
<td>4.2</td>
</tr>
<tr>
<td>Evidence of professionalism and ethics</td>
<td>65%</td>
<td>4.5</td>
</tr>
<tr>
<td>Leadership qualities</td>
<td>61%</td>
<td>4.1</td>
</tr>
<tr>
<td>Alpha Omega Alpha (AOA) membership</td>
<td>60%</td>
<td>3.9</td>
</tr>
<tr>
<td>Perceived interest in program</td>
<td>59%</td>
<td>4.1</td>
</tr>
<tr>
<td>Other life experience</td>
<td>58%</td>
<td>3.8</td>
</tr>
<tr>
<td>Passing USMLE Step 2 CS/COMLEX Level 2 PE</td>
<td>56%</td>
<td>4.2</td>
</tr>
<tr>
<td>Volunteer/extracurricular experiences</td>
<td>54%</td>
<td>3.8</td>
</tr>
<tr>
<td>Consistency of grades</td>
<td>54%</td>
<td>4.0</td>
</tr>
<tr>
<td>Lack of gaps in medical education</td>
<td>53%</td>
<td>4.0</td>
</tr>
<tr>
<td>Awards or special honors in clinical clerkships</td>
<td>52%</td>
<td>3.6</td>
</tr>
</tbody>
</table>

^1 Use DATA
### Figure 2

**Percentage of Programs Citing Each Factor And Mean Importance Rating¹** for Each Factor in Ranking Applicants  
(N=1,208)

<table>
<thead>
<tr>
<th>Factor</th>
<th>Percent Citing Factor</th>
<th>Average Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Interactions with faculty during interview and visit</td>
<td>96%</td>
<td>4.8</td>
</tr>
<tr>
<td>Interpersonal skills</td>
<td>95%</td>
<td>4.9</td>
</tr>
<tr>
<td>Interactions with housestaff during interview and visit</td>
<td>91%</td>
<td>4.8</td>
</tr>
<tr>
<td>Feedback from current residents</td>
<td>86%</td>
<td>4.7</td>
</tr>
<tr>
<td>USMLE/COMLEX Step 1 score</td>
<td>78%</td>
<td>4.1</td>
</tr>
<tr>
<td>Letters of recommendation in the specialty</td>
<td>72%</td>
<td>4.1</td>
</tr>
<tr>
<td>USMLE/COMLEX Step 2 score</td>
<td>70%</td>
<td>4.1</td>
</tr>
<tr>
<td>Evidence of professionalism and ethics</td>
<td>65%</td>
<td>4.1</td>
</tr>
<tr>
<td>Medical Student Performance Evaluation (MSPE/Dean's Letter)</td>
<td>65%</td>
<td>4.6</td>
</tr>
<tr>
<td>Perceived commitment to specialty</td>
<td>64%</td>
<td>4.4</td>
</tr>
<tr>
<td>Perceived interest in program</td>
<td>63%</td>
<td>4.2</td>
</tr>
<tr>
<td>Leadership qualities</td>
<td>60%</td>
<td>4.2</td>
</tr>
<tr>
<td>Class ranking/quartile</td>
<td>59%</td>
<td>4.0</td>
</tr>
<tr>
<td>Personal prior knowledge of the applicant</td>
<td>58%</td>
<td>4.3</td>
</tr>
<tr>
<td>Audition elective/rotation within your department</td>
<td>58%</td>
<td>4.3</td>
</tr>
<tr>
<td>Personal Statement</td>
<td>56%</td>
<td>3.6</td>
</tr>
<tr>
<td>Grades in required clerkships</td>
<td>54%</td>
<td>4.1</td>
</tr>
<tr>
<td>Passing USMLE Step 2 CS/COMLEX Level 2 PE</td>
<td>51%</td>
<td>4.2</td>
</tr>
<tr>
<td>Any failed attempt in USMLE/COMLEX</td>
<td>47%</td>
<td>4.2</td>
</tr>
<tr>
<td>Grades in clerkship in desired specialty</td>
<td>46%</td>
<td>4.2</td>
</tr>
<tr>
<td>Other life experience</td>
<td>45%</td>
<td>3.8</td>
</tr>
<tr>
<td>Alpha Omega Alpha (AOA) membership</td>
<td>44%</td>
<td>3.0</td>
</tr>
</tbody>
</table>
FREIDA to Search for Programs

Fellowship and Residency Electronic Interactive Database (FREIDA)

- a database containing information on approximately 7,500 graduate medical education programs that are accredited by the Accreditation Council for Graduate Medical Education (ACGME), as well as on 200 combined specialty programs.

http://www.ama-assn.org/ama/pub/education-careers/graduate-medical-education/freida-online.page
Useful Resources

NRMP RESOURCES

• Charting Outcomes in the Match 2018

• 2018 Program Director Survey

• 2017 NRMP Applicant Survey

• NRMP Match Data and Reports
  • Main Residency Match Data and Reports - The Match, National Resident Matching Program
  • MATCH ALGORITHM - [How the Matching Algorithm Works - The Match, National Resident Matching Program](https://www.nrmp.org/about-the-match/algorithm/how-the-algorithm-works)
Iserson's Getting Into A Residency
A GUIDE FOR MEDICAL STUDENTS
Seventh Edition
Kenneth V. Iserson, M.D.

Essential reading for the medical student who wants to make the most of his or her career.
Useful Resources

PRIOR MATCH RESULTS from UMMSM
- http://mededu.med.miami.edu/contact-us/professional-development-and-career-guidance/match-information

Careers in Medicine
- http://www.aamc.org/careersinmedicine
- Medical Specialties - Explore Options - Choose Your Specialty - Careers In Medicine

Strolling Through the Match
Office of Professional Development and Career Guidance

The University of Miami Miller School of Medicine recognizes the importance that professional development and career guidance have in assisting our future physicians to achieve their goals of becoming competent, skillful, and compassionate practitioners who are well-suited for their chosen field. The Department of Medical Education and the Office of Student Affairs remain committed to enhancing the professional development of our medical students by providing each student with the knowledge and resources necessary to make well-informed career choices.

UMMSM Professional Development and Career Counseling Program

Our Goals:
1. To assist each student in becoming well informed about the career decision-making process and the transition to residency training.

   ▶ To encourage students to be proactive about their professional development and career selection.
   ▶ To guide students to utilize resources made available by the medical school and the medical community.
   ▶ To provide students with access to faculty members, community physicians, and other allied health professionals skilled in mentoring and guiding those who are interested in their particular field of specialization.
   ▶ To guide students through the transition process from medical school to residency training, including preparation for licensing examinations, selection of externships, and participation in the Match.

http://www.mededu.miami.edu/contact-us/professional-development-and-career-guidance/match-information
I don't think there is one that exists. Have you spoken to your home PD/IM advisors. They will have a good gauge for you as they know more than you think they do.

Syncrohmize, Aug 29, 2017

FREIDA lists the step cutoffs for the programs that are willing to provide that info, but I don't know how hard those cutoffs are. If you look at them some will list their cutoff as X and then their mean score of their current residents will be below that, so idk how reliable it is unless you go to the website or contact someone at the program.

Stagg737, Aug 29, 2017
The Cost of Applying for Medical Residency

Though the costs associated with applying for a residency position will be a minor portion of the total cost of your medical education, they can still add up. Because application fees are not always covered by student loans, it is important to develop a plan early on for how you will manage these expenses.

Application Costs

The residency selection process includes application fees for two items: initially ERAS® and later, the NRMP. These application fees are separate from interview expenses which are more varied and driven by geography.

The total cost of the process will fall within a wide range, depending on key factors such as which specialty or specialties the applicant is interested in, how many applications are made and programs ranked, and how close the applicant is to these programs geographically.

The application fees are easier to project, but they will vary depending on volume. For example, consider these scenarios for a medical student focused on a single specialty:

- applying to and ranking 10 programs would cost roughly $260
- applying to 40 and ranking 20 programs would be nearly $820
- applying to 80 programs and ranking 25 would be over $2,000.

These examples represent lower, middle, and higher volume scenarios.

Electronic Residency Application Service (ERAS®)
FOLLOW US ON INSTAGRAM

@ummsmstudentservices
YOU CAN DO THIS!!!!

Take the process ONE STEP AT A TIME....
Questions?